



THE STINGRAY ALLSTARS Summer Camps 2020



Tiny Cheer & Tumbling Camp

This camp is a perfect introduction to cheerleading for young athletes, ages 3-6. It is just two hours long each day to ensure they do not get too overwhelmed, while maximizing their learning capacity. They will be taught basic tumbling and stunting skills, motions, including a short dance, and the fundamentals of jumps and flexibility. The activities and stations included will focus on basic and fine motor skills. This is a great opportunity for kids to get a taste of cheerleading!

June 22-25: 9am-11am July 13-July 16: 9am-11am

Ninja Camp

Do you have a high energy athlete in your house? This is the camp for them. It is full of obstacles, tricks, kicks and flips. Come and learn to move faster and safer! This camp is for ages 7-13.

June 22-25: 1pm-4pm August 3-6: 1pm-4pm

Pirate Camp

This camp is for boys and girls ages 4-8 who have a great imagination & wonder what it is like to live "the pirate life for me!" Yo Ho, Yo Ho! We have the good, the bad & the pirates! Build your own pirate ship & and create your own team of jewel capturing bandits! You will learn stuntman skills, jumping from heights with graceful landings & dismounts! Flipping, Stunting, Pirate FUN!

August 10-13: 9am-11am

Princess Camp

It is your time to be the "Belle of the Ball" if you are between the ages 4-8. Let your inner princess come out to shine! We will dance, play games and be beautiful inside and out! Glitter crowns and princess wands will be made to become royalty.

July 20-July 23: 9am-11am

Summer Skills Camps

Each camp is scheduled for half days, Monday-Thursday, allowing athletes the ability to come for a full or half day, depending on what camps they would like to attend, and what dates work for them. For athletes attending both a morning and afternoon camp in the same week, they will have a break from 12-1pm for lunch (BYOL).

Flexibility/Strength Camp

This camp will focus on improving flexibility and strength for flying/body positions, jumps, tumbling and overall performance for athletes of all ages and prior experience.

June 15-18: 1pm-4pm
July 6-9: 1pm-4pm
July 20-23: 9am-12pm
July 27-30: 1pm-4pm
August 3-6: 1pm-4pm

Aerials & More

Want to learn how to do side and front aerials and more? In this camp athletes will work on drills for perfecting cartwheels, round-offs, aerials, front walkovers, back walkovers, and back handsprings.

June 15-18: 9am-12pm
July 13-16: 1pm-4pm

Beginner Tumbling Camp

New to tumbling? This camp will provide a motivating atmosphere to work on beginning tumbling skills such as handstand, cartwheel, forward and backwards rolls, bridge & back-bend.

June 22-25: 9am-12pm
July 13-16: 1pm-4pm

Jump Camp

This camp will focus on the strength, flexibility and technique to perfect jumps thru drills.

July 13-16: 1pm-4pm
August 10-13: 1pm-4pm

Walkover/ Handspring Camp

This camp is for athletes working towards their back/front handsprings and walkovers. **Prerequisite: cartwheel & handstand*

June 15-18: 9am-12pm
June 22-25: 1pm-4pm
July 6-9: 9am-12pm
July 13-16: 9am-12pm
July 20-23: 1pm-4pm
July 27-July 30: 9am-12pm
August 3-6: 9am-12pm
August 10-13: 9am-12pm

Flip/Twist Camp

This camp will focus on front/back tucks, layouts, twisting skills. **Prerequisite: standing back handspring & round off back handspring series*

June 15-18: 1pm-4pm
June 22-June 25 9am-12pm
July 6-9: 1pm-4pm
July 20-23: 1pm-4pm
August 3-6: 9am-12pm
August 10-13: 1pm-4pm

Register by May 31st to receive a free t-shirt

Summer Camps \$125/Camp
 Tiny Cheer/Pirate/Princess Camp \$83/Camp

UNLIMITED CAMPS PASS - \$750

This pass allows access to as many summer camps as you would like, for one athlete, all summer long!

-Register for 2 camps and receive a \$10 discount
 -Register for 3 camps and receive a \$25 discount
 -Register for 4+ camps and receive a \$50 discount
 To receive these discounts, you must register for ALL camps at the same time either in person or via email.

6/15-6/18					
AM		Walkover/Handspring		Aerials & More	
PM		Flip/Twist		Flexibility/Strength	
6/22-6/25					
AM		Beginner Tumbling		Flip/Twist	Tiny Cheer & Tumbling
PM		Walkover/Handspring		Ninja Camp	
7/6-7/9					
AM		Walkover/Handspring			
PM		Flip/Twist		Flexibility/Strength	
7/13-7/16					
AM		Walkover/Handspring		Tiny Cheer & Tumbling	
PM		Beginner Tumbling		Aerials & More	Jump Camp
7/20-7/23					
AM		Flexibility/Strength		Princess Camp	
PM		Walkover/Handspring		Flip/Twist	
7/27-7/30					
AM		Walkover/Handspring			
PM		Flexibility/Strength			
8/3-8/6					
AM		Walkover/Handspring		Flip/Twist	
PM		Flexibility/Strength		Ninja Camp	
8/10-8/13					
AM		Walkover/Handspring		Pirate Camp	
PM		Flip/Twist		Jump Camp	

Athlete Name: _____ Registration Date: _____

Birth date: _____

Address: _____ City: _____ State: _____ Zip: _____

Parent(s): _____ Cell Phone: _____

Parent(s) Email: _____ **All communication done via email**

If registered for camps by May 31st

Athletes t-shirt size (Circle one): _____

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Register for 2 camps - \$10 discount
Register for 3 camps - \$25 discount
Register for 4+ camps- \$50 discount

Sub-Total: \$ _____

Multi-Camp Discount: \$ _____

CC 3.5% processing fee: \$ _____

Total: \$ _____

Parent Signature: _____ Date: _____

Registration forms may be mailed to: N64W22480 Main Street, Sussex, WI 53089; scanned and emailed to info@stingrayswi.com. Registration fees may be paid with cash, check or credit/debit at our front desk Credit/debit will incur a 3.5% processing fee. Single camp may register online at www.stingrayswi.com.

No refunds will be given for any reason.