

# THE STINGRAY ALLSTARS

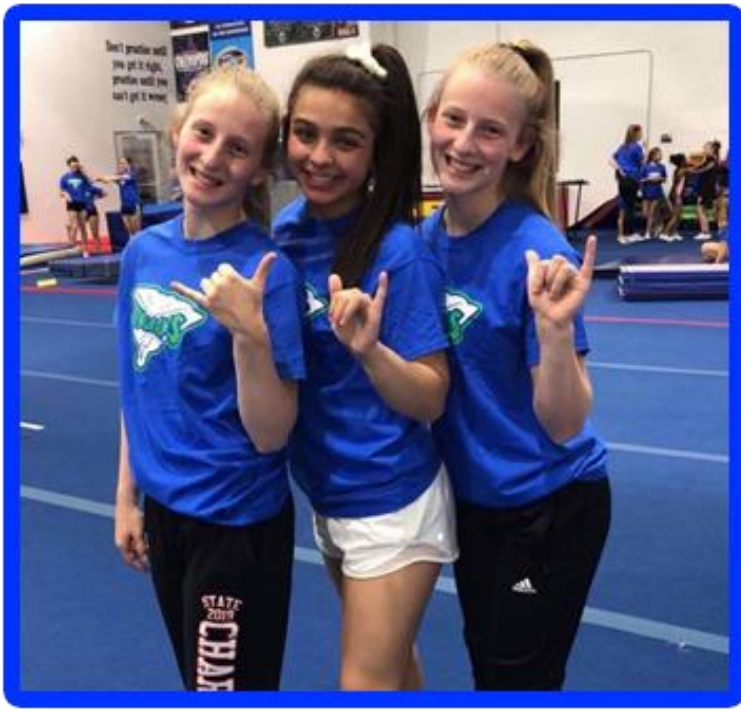
## Covid 19 Re-opening Plan



Hello Stingray Families,

While we are not open yet, we want to let you know that we are working hard to be ready. We want to first say a huge thank you to the community for your love and support over the past weeks. We have once again been reminded that our gym--family is truly the best! As you can imagine the #1 priority of the program is the health and safety of our athletes and staff. As we reopen, we will do so in stages to allow the greatest chance of continued health and safety.

With that said, the below outlines the phases and what to expect during each. As the state eases the distancing guidelines, we will be in communication as we move to each phase.



# KEEPING SAFE

## General Precautions



### HANDWASHING

Upon re-opening, all athletes will be required to wash hands upon entry of the facility. Please bring a personal hand sanitizer to be used during the session.



### CLOSED LOBBY

Upon opening, the lobby will remain closed until we have entered phase 3. This is to minimize the spread of germs. Please drop off your athletes no sooner than 5 minutes early and plan for prompt pick up.



### CLEANING

The gym will be cleaned and sanitized multiple times a day and between uses. As weather permits, we will keep windows and doors open to increase air flow and circulation.

### REQUIRED FACE MASK

In addition to the general safety guidelines listed above, during phase 1 and 2 all athletes and staff will be required to wear a mask when entering and leaving the gym.





# Phase 1

## WHAT TO EXPECT

Phase 1 Opening allows gyms to open when maintaining appropriate social distancing. In addition to the general guidelines outlined on page 2 above.

\*We will be opening during phase 1 for private lessons (week 1) and small group sessions (thereafter) only.

\*Temperatures will be taken at the door for all athletes and staff.

\*Athletes will change into their cheer shoes upon arrival into the building.

\*No physical contact (spotting) will be allowed.

\*Please bring your own FILLED water bottle. Bottled water will be available for purchase (\$1-exact change only). Water fountains will be closed.

\*Please bring your own personal hand sanitizer so you will not have to leave the floor if you need to sanitize during your time slot.

\*No backpacks or food allowed in the gym. In addition to their water bottle and personal hand sanitizer, athletes may only bring keys and an inhaler or EpiPen if needed. Phones should be left in the car.

\*Google forms and Mindbody will be utilized for registration.

\*Payments will be accepted through credit card on file prior to private lesson or session.



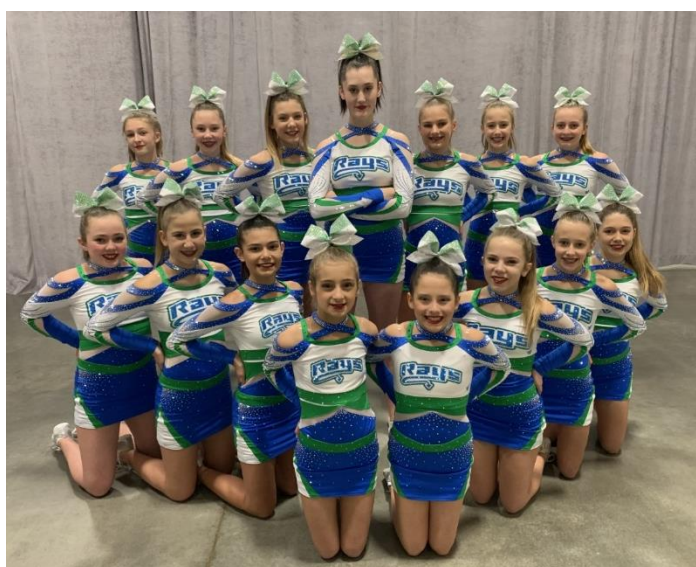
## BASIC HEALTH REMINDER

\*Please keep your child home if they demonstrate any type of illness including:

- ✓ Fever (100.4 or higher)
- ✓ Cold or flu symptoms
- ✓ Running nose
- ✓ Cough

\*Any athlete who has symptoms of Covid-19 should remain home until they have been cleared by a doctor or until the 14-day isolation period has passed.

It is the responsibility of all of us to keep the gym safe, if you have concerns, let us know immediately.





# Phase 2

## WHAT TO EXPECT

Phase 2 allows us to implement a modified team schedule. In addition to the general guidelines outlined on page 2.

- \*The Athlete Zone and parent viewing area will remain closed.
- \*Athletes will still be required to bring their OWN water bottle – the water fountains will remain CLOSED.
- \*In addition to their water bottle and personal hand sanitizer, athletes may still only bring keys and an inhaler or EpiPen if needed. Cheer shoes will already be on.
- \*Athletes will still be separated on the floor. Water breaks will be done athlete by athlete to their personal water bottle near their spot on the floor.
- \* An updated team practice and class schedule will be released (no stunting or physical contact athlete/athlete or coach/athlete).
- \*Teams, Rising Stars, Classes and Camps will be allowed to begin (no stunting or physical contact athlete/athlete or coach/athlete).

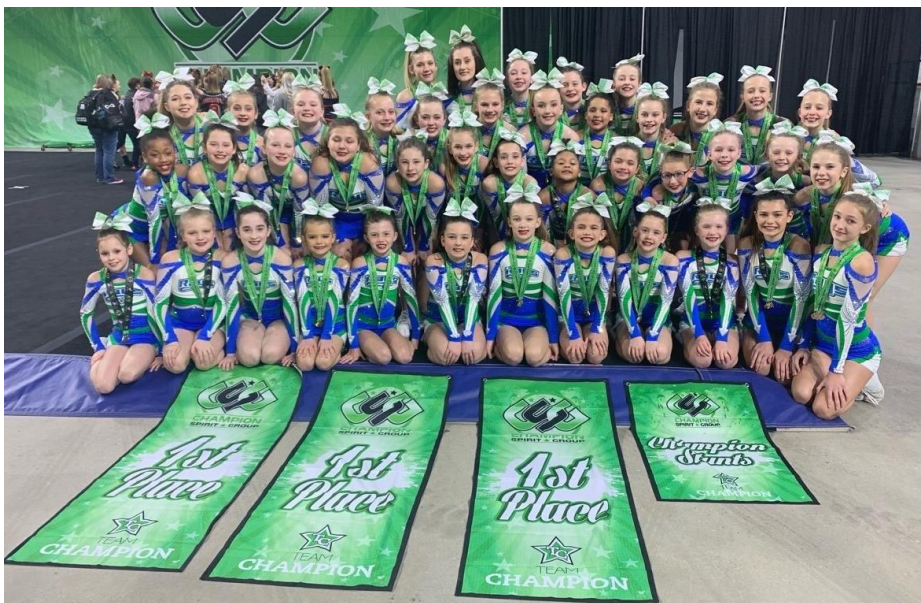


Our plan is to begin summer day camps during Phase 2.

All camps will run one staff to eight athletes.

If an athlete is signed up for two camps in one day, they will need to be picked up at the end of the morning camp and return for the afternoon camp. Athletes will not be able to eat lunch at the gym during Phase 2.

You may find more about summer camps at Stingrays on our website  
[www.stingrayswi.com](http://www.stingrayswi.com)





# Phase 3

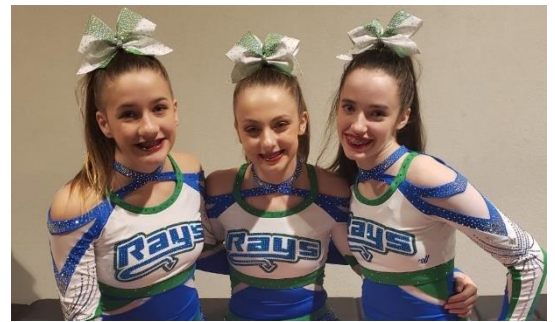
## WHAT TO EXPECT

Phase 2 allows us open back up to full operations.

- \*Lobby will be re-opened.
- \*Athlete Zone will be re-opened.
- \*Parent viewing area will be re-opened.
- \*Stunting likely will resume.
- \*Open gyms, birthday parties, clinics and more will start.
- \* This plan will be revised as needed by guidelines set forth by the CDC.



To create positive, caring, strong and confident athletes to set them up for success as both athletes and people in the future



**We are so excited for the 2020-2021 season to begin!**

For more information:

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